



Title | enough.
Text | Ephesians 2
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Sermon Notes

Ephesian 2:1-10 And you were dead in your trespasses and sins, ²in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience. ³Among them we too all formerly lived in the lusts of our flesh, indulging the desires of the flesh and of the mind, and were by nature children of wrath, even as the rest.

⁴But God, being rich in mercy, because of His great love with which He loved us, ⁵even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved), ⁶and raised us up with Him, and seated us with Him in the heavenly *places* in Christ Jesus, ⁷so that in the ages to come He might show the surpassing riches of His grace in kindness toward us in Christ Jesus. ⁸For by grace you have been saved through faith; and that not of yourselves, *it is* the gift of God; ⁹not as a result of works, so that no one may boast.

¹⁰For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them. NASB

Big Idea:

Ephesians 2:4-7

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For Reflection & Application:

Monday:

Read Ephesians 2:1-7. How would you answer the question, “Am I enough?”. Do you base your answer on how you look, or your current condition, or your popularity or accomplishments? Do you often compare yourself to others? Should your answer be based on those things, or on the words in verses 4-7?

Tuesday:

Read Ephesians 2:4-7, Romans 5:6-8. Why should our value come from God and not from others? How much value does God place on us?

Wednesday:

Read Ephesians 3:18-19, Lamentations 3:22-23, Romans 5:6-8, Romans 8:38,39. In what ways are God’s love for us “great”?

Thursday:

Read Ephesians 2:8-9. How do we receive salvation for eternal life? Is it by our performance or our good works? Or is it because of God’s great love and grace for us? What does it mean to be saved “by grace” and “through faith”?

Friday:

Read Ephesians 2:10, 5:2, and Galatians 2:20. Do you agree that you are enough because God’s great love for you is more than enough? Therefore, you no longer need to live a life of pretending or proving to be enough. How does this change the way that you now live?

Daily Prayer:

Heavenly Father, thank you for your great love for me. I sometimes feel that I am not enough, and this turmoil within me affects the way that I live. It comforts me to be able to come to You and find peace, realizing that I am enough because I am and always will be deeply loved by You. Lord, please help me to change, help me to grow. Help me to experience the freedom in Your love so that I can live in a way that authentically reflects the love and grace that You have shown me.