



TITLE | Good Grief
SERIES | Beyond Our Strength
TEXT | 2 Corinthians 7:2-16
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DATE | June 12, 2022

SERMON NOTES

2 Corinthians 7:2 Make room in your hearts for us. We have wronged no one, we have corrupted no one, we have taken advantage of no one. 3 I do not say this to condemn you, for I said before that you are in our hearts, to die together and to live together. 4 I am acting with great boldness toward you; I have great pride in you; I am filled with comfort. In all our affliction, I am overflowing with joy. 5 For even when we came into Macedonia, our bodies had no rest, but we were afflicted at every turn—fighting without and fear within. 6 But God, who comforts the downcast, comforted us by the coming of Titus, 7 and not only by his coming but also by the comfort with which he was comforted by you, as he told us of your longing, your mourning, your zeal for me, so that I rejoiced still more. 8 For even if I made you grieve with my letter, I do not regret it—though I did regret it, for I see that that letter grieved you, though only for a while. 9 As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us. 10 For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death. . . . *ESV*

BIG IDEA:

2 Corinthians 7:10 For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death. *ESV*

For Reflection and Application:

Monday:

Read 2 Corinthians 7:2-16. From, 2 Corinthians 7:10, what is the difference between "godly grief" and "worldly grief?" What do the two kinds of grief have in common?

Tuesday:

From 2 Corinthians 7:10, what does repentance involve? In what way does the repentance of godly grief "lead to salvation?" What kind of salvation is in view? How do you know? In what way is the outcome of godly grief "without regret?"

Wednesday:

From 2 Corinthians 7:10, in what way does worldly grief lead to death? Can you think of an example from your own experience?

Thursday:

In interpersonal conflicts, why is it important to consider repentance before resistance? What does this involve? What makes it challenging?

Friday:

In what specific ways can you consider repentance before resistance in a conflict you are currently facing or may soon face?

Daily Prayer:

Lord, in conflict, help me listen and understand what the other person is trying to say. What might I be doing to contribute to this conflict? What might I need to confess and change? Amen.