



# Sermon Notes

Title | **Forgive One Another**  
Series | **The Other One Anothers**  
Text | **Ephesians 4:32**  
By | **Bob Kerrey**  
Date | **March 13, 2022**

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Ephesians 4:32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.  
*ESV*

<b>3 Types of Forgiveness (Letting Go)</b>			
	<b>Judicial</b>	<b>Psychological</b>	<b>Relational</b>
<b>Who:</b>	God	Us	God or Us
<b>What:</b>	Guilt	Revenge	Relational Barriers
<b>Conditions:</b>	Faith Alone	None	Confession Repentance
<b>Not:</b>	<i>Forgetting Tolerance Words Feeling Trusting</i>		

## Big Idea:

Text questions during the sermon: 623-850-8809

Ephesians 4:32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. *ESV*

## **For Reflection and Application:**

### **Monday:**

Read Luke 5:17-24 and Acts 10:34-43. In these verses, what kind of forgiveness is in view, judicial, psychological, or relational? How does a person receive this kind of forgiveness? Have you received this kind of forgiveness?

### **Tuesday:**

Read Ephesians 4:32 and Romans 12:19. In these verses, what kind of forgiveness is in view? Do you need to extend this kind of forgiveness to someone right now?

### **Wednesday:**

Read Matthew 6:14-15 and 1 John 1:9. In these verses, what kind of forgiveness is in view? Do you need to extend or seek this kind of forgiveness right now?

### **Thursday:**

Read Ephesians 4:32. What does the phrase, “as God in Christ forgave you” tell us something about nature of our forgiveness?

### **Friday:**

What can you do to become a more forgiving person?

### **Daily Prayer:**

Lord, help me to forgive others, as you have forgiven me, graciously and freely, when I did not deserve it. Amen.