



TITLE | Overcoming Self-Doubt

SERIES | Beyond Our Strength

TEXT | 2 Corinthians 3:1-6

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SERMON NOTES

2 Corinthians 3:1 Are we beginning to commend ourselves again? Or do we need, as some do, letters of recommendation to you, or from you?

2 You yourselves are our letter of recommendation, written on our hearts, to be known and read by all. 3 And you show that you are a letter from Christ delivered by us, written not with ink but with the Spirit of the living God, not on tablets of stone but on tablets of human hearts. 4 Such is the confidence that we have through Christ toward God. 5 Not that we are sufficient in ourselves to claim anything as coming from us, but our sufficiency is from God, 6 who has made us sufficient to be ministers of a new covenant, not of the letter but of the Spirit. For the letter kills, but the Spirit gives life. *ESV*

BIG IDEA:

Text questions during the sermon: 623-850-8809

2 Corinthians 3:5 Not that we are sufficient in ourselves to claim anything as coming from us, but our sufficiency is from God, *ESV*

For Reflection and Application:

Monday:

In the first part of 2 Corinthians 3:1, Paul raises a question about self-commendation or self-promotion. How common and effective do you think self-commendation is as a means of building self-confidence and overcoming self-doubt?

Tuesday:

In the last part of 2 Corinthians 3:1, Paul raises a question about the recommendation or approval of others. How common and effective is it to rely on the approval of others for self-confidence?

Wednesday:

Read 2 Corinthians 3:2-3. Is Paul taking credit for the conversion of the Corinthians? What was his role in it?

Thursday:

Read 2 Corinthians 4-6. What is the source of Paul's confidence and sufficiency? How can we make that our confidence as well?

Friday:

Read Isaiah 30:15-18. How does this relate to our confidence and sufficiency?

Daily Prayer:

Lord, in the face of our self-sufficiency and self-doubt, help us to focus on you as the source of our confidence and to rest in the sufficiency you provide, allowing it to overflow to others. Amen.